



MARCH

SALES



@ BRATTLEBORO FOOD CO-OP

2 Main Street, Brattleboro, VT • 802-257-0236 • Mon-Sat 7-9; Sun 9-9 • BrattleboroFoodCoop.coop

Save **30¢** ea Save **\$1.00** lb Save **66¢** ea

69¢ ea
Reg. 99¢ ea



USA Lemons
PLU#94053

2.99 lb
Reg. 3.99 lb



MISTY KNOLL VT, USA
Whole Chickens Pre-Packed Random Weights

3 for **\$4**
Reg. 1.99 ea



LIEBE Brattleboro, VT All Flavors!
Quark 5.3 oz

Save **\$1.00** ea Save **\$1.49** ea **10% OFF**

2.99 ea
Reg. 3.99 ea



USA Red Bunched Beets
PLU#94539

2 for **\$7**
Reg. 4.99 ea



GARDEIN Meatless Entrees All Varieties!
9-12.7 oz



BRATTLEBORO FOOD CO-OP
All BFC Brand Tinctures

Prices valid all month long unless otherwise noted. All circulars are available in the store and online at BrattleboroFoodCoop.coop. Rain checks available for out of stock items.



MARCH

SALES



MEAT

Save 2.00 lb

4.99 lb duBreton[®]
Reg. 6.99 lb DUBRETON Canada
Boneless Pork Chops Pre-Packed Random Weights

CHEESE

Save 7.00 lb

15.99 lb Pre-Wrapped Random Weights
Reg. 22.99 lb LOCAL
MT. MANSFIELD CREAMERY Mansfield, VT
Inspiration Artisan Cave Aged Cheese Washed with Beer

GROCERY

Save 1.00

2.99 Reg. 3.99
Unsalted Sesame, Unsalted Plain, Toasted Onion, Vegetable, Black Sesame
EDWARD AND SONS
Rice Crackers 3.5 oz
Certified Gluten-Free

MEAT

Save 2.00 lb

8.99 lb Pre-Packed Random Weights
Reg. 10.99 lb LOCAL
NORTHEAST FAMILY FARMS
Sirloin Tip Steak New England / NY State

CHEESE

Save 5.00 lb

21.99 lb Pre-Wrapped Random Weights
Reg. 26.99 lb LOCAL
COBB HILL DAIRY Hartland, VT
Heavenly Harvarti

GROCERY

Save 1.50

3.29 Reg. 4.79
Parmesan, Bacon Cheddar
SONOMA CREAMERY
Crisps 2.25 oz
Certified Gluten-Free

SEAFOOD

Save 1.00 lb

7.99 lb Reg. 8.99 lb
USA Breded Haddock, Raw
Mar 1-15 new

WINE

Save 4.00

7.99 Reg. 11.99
Cabernet Malbec Tempranillo Chardonnay
SANTA JULIA ORGANICA Wines 750 ml
USDA ORGANIC

GROCERY

Save 1.00

2.49 Reg. 3.49
ORGANIC PLANET
Soba Noodles and Udon Noodles 8 oz
USDA ORGANIC

SEAFOOD

Save 2.00 lb

10.99 lb Reg. 12.99 lb
USA/FROZEN Keta Salmon
Mar 16-31

DELI

Save .80 ea

4.99 ea Reg. 5.79 ea
Fresh from the Deli!
Heat & Eat Enchilada Entrées
Black Bean or Chicken



• Made without Gluten Ingredients
• Peppers shown in image not included in entrée pack.



BRATTLEBORO FOOD CO-OP MARCH SALES



FROZEN

Save 1.00

4 99 Reg. 5.99

VERMONT GELATO *Brattleboro, VT*
Gelato *Organic Varieties not included* 16 oz



GROCERY

Save 1.50

8 29 Reg. 9.79

Original, Mediterranean, Blueberry, Cranberry

TRUE NORTH GRANOLA *Brattleboro, VT*
Nutty No Grainer Granola 8 oz



GROCERY

Save 1.00

6 99 Reg. 7.99

All Varieties!

TRUE NORTH GRANOLA *Brattleboro, VT*
Granola 12 oz





GROCERY

Save 1.00

5 99 Reg. 6.99

TRUE NORTH GRANOLA *Brattleboro, VT*
Oat So Good Muesli 16 oz



GROCERY

Save 66¢ ea

3 for \$ 4 Reg. 1.99 ea

Salted, Chili, Sweet

INKA CROPS
Plantain Chips 4 oz

WELLNESS

Save 2.00

9 99 Reg. 11.99

NATURE'S PLUS
Hemaplex 30 Tabs



DAIRY

Save 1.49 ea

2 for \$ 9 Reg. 5.79-5.99 ea

VITAL FARM PASTURE RAISED EGGS

Grade A Eggs 1 Dozen
Whole Liquid Eggs 16 oz



GROCERY

Save 1.40 **Save 1.30**

2 99 Reg. 4.39

3 99 Reg. 5.29

REBEL GREEN

Bamboo Bath Tissue 4 pack
Bamboo Paper Towels 2 pack

WELLNESS

Save up to 4.00

5 99 Reg. 8.49-9.99

THE GRANDPA SOAP CO. SINCE 1878
All Varieties

THE GRANDPA SOAP CO.
Shampoo & Conditioners 8 oz

BULK


Save 2.50 lb **Save 4.00 lb**

ONCE AGAIN

7 39 lb Reg. 9.89 lb
PLU#1242

11 99 lb Reg. 15.99 lb
PLU#1235

Tahini | Cashew Butter



BULK



Save 5.50 lb **Save 5.00 lb**

TIERRA FARM *Valatie, NY*

12 99 lb Reg. 18.49 lb
PLU#9576

11 49 lb Reg. 16.49 lb
PLU#1392

Raw Mixed Nuts | Dry Roasted, Salted Cashews

BULK

Save 2.00 lb

5 99 lb Reg. 7.99 lb

GORP, Carob Spirulina, Date Flax Turmeric

CHUNKS OF ENERGY
Bite-Size Energy Bars

Cha Cha Chia also on sale 7.99 lb/ Reg. 9.99 lb *Pre-Packed/Random Weights*






VERMONT Cheese MADNESS



Co-op deals

Find these signs in-store for **Save Every Day!**

Pick up our twice-monthly Co+op Deals Sales Circular and our Co+op Deals bi-monthly Coupon Book

Even More Savings March 15-21

Fresh DEALS Sale

Mid-Month Sale on a Variety of **Fresh Foods!**

Co-op basics

Find these signs in-store for **Every-Day Low Prices!**

A wide range of Staple Foods/Household Goods, including Natural and Organic products priced below suggested retail